## SIGNS SOMETIMES SHOWN BY ABUSED CHILDREN



Children may have some of the following symptoms as a result of abuse:

- Crying or Nausea/Upset stomach
- Drug/Alcohol use
- Changes in sleep patterns
- Withdrawl from others
- Clinging to parents
- Change in school performance
- Sexually inappropriate behavior
- Lying

- Change in appetite
- Nightmares
- Anger and mood changes
- Avoidance of school/friends
- Aggressiveness
- Rebelliousness
- Fears and phobias
- Attention-seeking

The CAC and other community agencies offer services to help your child overcome the effects of trauma. Children react differently depending on age, extent of abuse, support from others, and their relationship with the offender.

## The single most important factor affecting the child's recovery is the level of support from the caregiver.

It is this simple. If you do everything you can to support your child, the chances of recovery are much greater. If you feel torn between loyalty to your child and loyalty to the offender, the CAC has services available to help you.